

## Five Mindsets of Super Successful People

- 1. Hold two goals in your mind at the same time.
- 2. Sit with uncertainty.
- 3. Think backwards.
- 4. Define success differently.
- 5. Show up with Love.

## Ten Second Game-Changer

- \* Breathe
- \* Think

My goals AND their goals I have a plan AND I'm flexible

\* Feel

Get your brain on love





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